

Below are the steps to clear cookies and cache

on IE Internet Explorer Browser

Our Nutritionist Pro Online application sometimes needs browser history cleared to see the new features—Follow these steps below if you are using an <u>IE Internet Explorer</u> browser to clear your history

- 1. Open your IE bowser
- 2. On the right-top of the window, click on the settings icon as shown in below image, and select "internet options" from drop down menu.

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		☆ ☆	ت 🗘
Print			>
File			→ K
Zoom (150%)			>
Safety			>
Add site to Apps			
View downloads		Ctrl-	+J
Manage add-ons			
F12 Developer Tools			
Go to pinned sites			
Compatibility View s	ettings		
Internet options			
About Internet Explo	orer		

Figure 1 select internet options

3. On the settings window then select Clear Browsing Data

Figure 2 select delete for Browsing history

Internet	Options				?	×
General	Security Pr	ivacy Content	Connections	Programs	Advanced	
Home	page					
	To crea	te home page t	abs, type each	address or	n its own line	
9	http://d	dell13.msn.com	/?pc=DCJB			~ ~
	[Use current	Use de	fault	Use new tab)
Startu	p					
<u> </u>	Start with tab Start with ho	s from the last me page	session			
	nge how wel	opages are disp	layed in tabs.		Tabs	
	ing history -					
	ete temporar n informatior	/ files, history, 1.	cookies, saved	1 passwords	, and web	
	Delete brows	ing history on e	exit			
			Dele	te	Settings	
Appea	rance					
	Colors	Languages	For	nts	Accessibility	/
			ОК	Cancel	Ap	ply

4. Select these options shown and clear data Figure 3 select these options shown and clear history

Delete Browsing History	\times
Preserve Favorites website data Keep cookies and temporary Internet files that enable your favorite websites to retain preferences and display faster.	
Temporary Internet files and website files Copies of webpages, images, and media that are saved for faster viewing.	
Cookies and website data Files or databases stored on your computer by websites to save preferences or improve website performance.	
History List of websites you have visited.	
Download History List of files you have downloaded.	
Form data Saved information that you have typed into forms.	
Passwords Saved passwords that are automatically filled in when you sign in to a website you've previously visited.	
☐ Tracking Protection, ActiveX Filtering and Do Not Track d A list of websites excluded from filtering, data used by Tracking Protection to detect where sites might automatically be sharing details about your visit, and exceptions to Do Not Track requests.	
About deleting browsing history Delete Cancel	

5. After delete hit apply and ok

Internet Options	?	\times
General Security Privacy Content Connections Programs	Advanced	
Home page		-
To create home page tabs, type each address or	1 its own line.	
http://dell13.msn.com/?pc=DCJB	~ ~	
Use current Use default	Use new tab	
Startup		-
 Start with tabs from the last session Start with home page Tabs 		
Change how webpages are displayed in tabs.	Tabs	
Browsing history		_
Delete temporary files, history, cookies, saved passwords form information.	, and web	
Delete browsing history on exit		
Delete	Settings	
Appearance		-
Colors Languages Fonts	Accessibility	
OK Cancel	Appl	y

- 6. Close all the browser windows
- 7. Now reboot and restart your machine
- 8. Wait a few minutes and see the online app the new features should be available to see
- **9.** If you still don't see them please know sometimes your ISP internet provider might hold on to browser history and not clear it right away so it is recommended to wait a few hours if you think that might the case