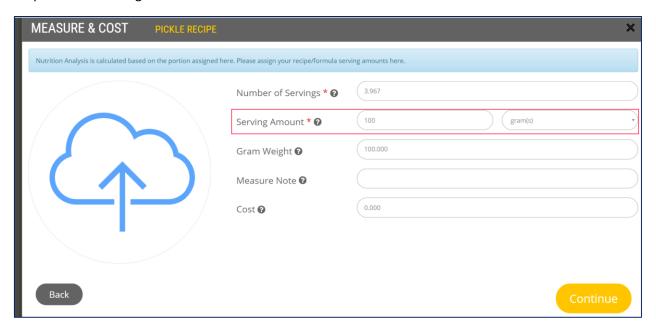# How to setup recipes for 100 gram data using NexGen Online Application
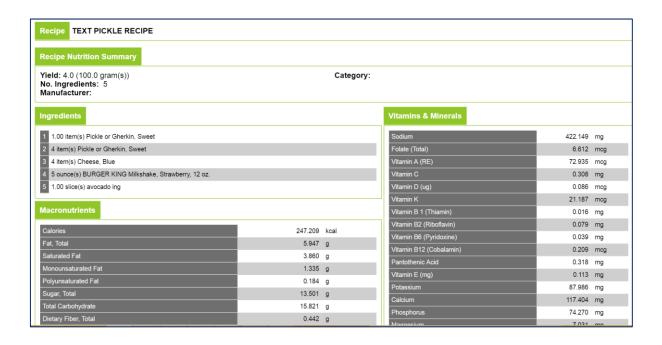
- Nutritionist Pro NexGen Online tool makes showing recipe 100 gram data easy for you.
- How to scale the recipe to 100 grams in our online application.

1. Open your recipe and continue to the Measure Screen. Change the Measure to 100 gram from the drop down. See image below

2. To print reports with 100 gram data continue with your recipe and on the last screen click Save and Generate Reports. Pick any of the reports offered to see the 100 gram portion with nutrient data.

3. See this sample report below showcasing data in 100 gram values. The are other reports that can be printed from the software for **100 grams unrounded data**

| Recipe | TEXT PICKLE RECIPE |

Recipe Nutrition Summary

Yield: 4.0 (100.0 gram(s))   Category:
No. Ingredients: 5
Manufacturer:

Ingredients

1	1.00 item(s) Pickle or Gherkin, Sweet
2	4 item(s) Pickle or Gherkin, Sweet
3	4 item(s) Cheese, Blue
4	5 ounce(s) BURGER KING Milkshake, Strawberry, 12 oz.
5	1.00 slice(s) avocado ing

Macronutrients

Calories	247.209	kcal
Fat, Total	5.947	g
Saturated Fat	3.860	g
Monounsaturated Fat	1.335	g
Polyunsaturated Fat	0.184	g
Sugar, Total	13.501	g
Total Carbohydrate	15.821	g
Dietary Fiber, Total	0.442	g

Vitamins & Minerals

Sodium	422.149	mg
Folate (Total)	6.612	mcg
Vitamin A (RE)	72.935	mcg
Vitamin C	0.308	mg
Vitamin D (ug)	0.086	mcg
Vitamin K	21.187	mcg
Vitamin B 1 (Thiamin)	0.016	mg
Vitamin B2 (Riboflavin)	0.079	mg
Vitamin B6 (Pyridoxine)	0.039	mg
Vitamin B12 (Cobalamin)	0.209	mcg
Pantothenic Acid	0.318	mg
Vitamin E (mg)	0.113	mg
Potassium	87.986	mg
Calcium	117.404	mg
Phosphorus	74.270	mg
Magnesium	7.031	mg

4. If you wish to make a copy of this recipe for the 100 gram portion please see image below. Click on Edit Recipe/Formula button on the main Dashboard, find your recipe and then click copy. Once you have copied you can then click on Edit to change the name of the recipe as needed.

SEARCH RECIPE/FORMULA TO EDIT

Name/ID Contains: test   Advanced Search

Your Recipes/Formulas are shown below. Please note you can copy, delete, as needed. Also note an orange incomplete icon represents any recipe that is not complete. To complete a recipe click on the orange icon and go through each screen until you reach the last screen then hit save options available there. To find an Axxya Systems recipe type recipe name and click on Advanced search.

Food (Name)	Type	Reference	Unique Code	Creator	Actions
avocado test	Recipe			webpure	Edit Delete Copy

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